The Lloyd Williamson Nurseries

Oral Health Policy 2026-2027

Updated by Ramona Cristea
Date: 14.10.26
Due for Update: October 2027

Aims

As a nursery we are in a unique position of being able to influence the hygiene habits, including of oral health, to not only the children under our care but by association their parents, carers and the wider community.

We aim to encourage good dental hygiene habits from children as young as two by encompassing this in our Early Years Foundation Stage up to our oldest secondary children. We aim to embed good practice for oral hygiene from a young age which our children will carry on for the rest of their lives.

Planning and activities

Oral hygiene is planned for as part of the EYFS

Children will have regular sessions which will use games, demonstrations and stories relevant to their age to promote and educate the children in oral hygiene and demonstrations on how to brush/floss your teeth.

Parents are to provide a toothbrush and toothpaste for each of their children which will be named and left at school. These will be soaked in Milton regularly.

Activities to include:

The anatomy of the mouth and the different types of teeth
The role of the dentist
What to expect at the dentist's/oral hygienist
Healthy foods
Damage caused by sugary drinks and food
Brushing techniques, flossing and timing/frequency of brushing and flossing

We have an 'oral health' box of resources to be used during lessons. This is held with the manager at PGTs.

This includes:

Anatomical model of teeth
Books about why we brush our teeth, trips to the dentist etc
Games and puzzles
Sand timers
Reviews will take place on a regular basis or as necessary in Staff Meetings.

The Co-Principals are committed to keeping the policy up to date with initiatives, guidelines and legislation.

Updated: October 2026

Lucy Meyer - Director